

*Module 11, Lesson 1 Quiz:*

**Carbon Footprint**

1. Evidence suggests that current food production, transport, land use, and urban design negatively impact both climate change, and:
  - a. Growth and development of newborns
  - b. Obesity outcomes**
  - c. Economic outcomes
  - d. Innovation and technology
  
2. As climate change progresses, so have certain illnesses. \_\_\_\_\_ is negatively linked to climate change and affects thousands of people worldwide.
  - a. Cancers
  - b. Osteoporosis
  - c. Diabetes**
  - d. Migraine headaches
  
3. Your \_\_\_\_\_ reflects how much greenhouse gases you, your family, your car, and pretty much all the things in your life give off. It reflects how much fossil fuels you are consuming.
  - a. Carbon Footprint**
  - b. Carbon Fingerprint
  - c. Oxygen Footprint
  - d. Oxygen Fingerprint
  
4. What are the 5 R's that are talked about when we discuss what we can do to help take care of the earth?
  - a. Resist, reduce, reuse, recycle, refuse
  - b. Refuse, reduce, reuse, recycle, reverse**
  - c. Respond, reduce, reuse, recycle, repeat
  - d. Recognize, reduce, reuse, recycle, reveal

5. Which diet is considered to be the most environmentally friendly?
- a. Whole 30
  - b. Macro counting
  - c. Carb cycling
  - d. Plant-based**